# Hola ¿cómo están? Hoy vamos a hacer una revisión de algunos de los temas que tratamos este año y también vamos a ver nuevas palabras para expresar cantidades.

**Quantifiers**

Con los sustantivos contables podemos usar *lots of/ a lot of – many – any – a few / few*

Con los sustantivos incontables usamos *lost of / a lot of – much – any – a Little / little.* (algunos se usan con ambos contables e incontables)

**Contables**

I eat **lots of** vegetables.

I eat (quite) **a lot of** vegetables.

I don´t eat **many** fried meals.

I eat **a few** frozen food ítems.

**Incontables** (Recuerden: no se cuentan, como el arroz, las bebidas, la pasta, la carne…)

I usually drink **lots of** mineral wáter.

I drink (quite) **a lot of** fruit juice.

I never drink **much** wine.

I never cook **any** pasta.

I always put **a little** honey in my tea.

I´ve got (very) **little** money to buy food.

# Bueno, ahora vamos a realizar los siguientes ejercicios. Recuerden que en el texto no van a entender toooodas las palabras, solo tienen que buscar las palabras que no les permiten contestar la actividad que tienen que resolver sobre verdadero y falso y alguna que no les permita entender la idea principal.

# Part 1: Reading

1. Read this article and correct the mistakes in the sentences below.

**Going Vegan**

Many people today decide to become vegans. This means that they choose to have a diet that is completely free from any animal products, such as meat, fish, eggs, milk or cheese. Some of these people decide to change their eating habits gradually while others do it immediately.

A vegan diet may consist of grains, beans, vegetables and fruit and the dishes that result by combining these food items. As this type of diet is nowadays becoming more common, there are many recipes available online and in cookery books to help you make your own vegan food. But you can also buy vegan products like special hamburgers made from beans, vegan ice cream and vegan mayonnaise instead of preparing them yourself.

In many countries, big chains of supermarkets offer a wide variety of vegan food and they use a specific labelling system to distinguish them from nonvegan products. What about eating out if you are a vegan? There are many places today called veggie restaurants but they sometimes include on their menus some dishes that are not vegan because they are made from ingredients such as refined sugar, eggs or cheese. If you want to go to a real vegan restaurant, you can surf the Web and you will find some with very good reviews. In these eating places, you can enjoy your favourite dishes and try some of the numerous options available in drinks, appetizers and desserts.

1 A vegan diet includes eggs and milk.

2 Big chains of supermarkets sell a few vegan products.

3 All the people who want to become vegans change their diets rapidly.

4 All veggie restaurants offer vegan food.

5 It’s difficult to find a real vegan restaurant.

# Part 2: Grammar and vocabulary

1. Fill in the blanks using some or any.

1 Are there cookies on that plate on the table?

2 I’d like orange juice, please.

3 There isn’t cheese in the fridge.

4 Would you like wine?

5 Do you have vegetables in your fridge?

6 Kate doesn’t eat fruit.

7 Can I have water, please?

8 There are eggs in the fridge.

9 We don’t have bread to make sandwiches.

10 Add salt to the salad, please.

1. Choose the correct option.

1 There is … ice cream in the freezer. ***many - not many - quite a lot of***

2 Johnny doesn’t drink …. ***many - much - lots***

3 I need eggs to make a cake. ***much - any - some***

4 I usually eat vegetables and fruit in summer. ***a little - lots of - much***

5 She generally has coffee with sugar and milk. ***a little - few – many***

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1. Use the prompts in brackets to write sentences.

1 (rarely / play video games) Mary

2 (check my email / always) I

3 (never / be late for school) They

4 (usually / not get up late) My dad

5 (often / ride bike to school) My best friend

6 (usually / do at weekends) What you ?

7 (often / go shopping with friends) Kate

8 (play sports together / rarely) Ryan and Steve

9 (always / not be online) I

10 (post comments in online forums / sometimes) My mother